

# WEEK SEVEN: WHATEVER IT TAKES

IF SOMEONE GAVE YOU A BLANK CHECK,  
WHAT AMOUNT OF MONEY WOULD YOU WRITE IN?  
EVERY NEW YEAR. MONTH. DAY. MOMENT...  
IS LIKE A BLANK CHECK.

WHAT DO YOU WANT YOUR FUTURE TO LOOK LIKE?

"I DO WHATEVER IT TAKES, 'CAUSE I LOVE HOW IT FEELS WHEN I BREAK THE CHAINS" -IMAGINE DRAGONS

WHAT DO YOU WANT YOUR FUTURE TO LOOK LIKE?

YOUR FUTURE IS A BLANK CHECK.

EVERY NEW YEAR. MONTH. DAY. MOMENT...

WRITE DOWN WHAT YOU WANT TO SEE.

*If your life is like a play. Think about what has come in all the acts up till now. Do you want to keep watching this show? You are the director and producer of this play...did you also know you get to help write it too?! Yes, there are many circumstances that you have no control over, but you get to write the script for how the protagonist handles whatever just entered in "stage right". What do YOU want the script to read like in the next scene?*

Journal Prompt: Take time today to write out what you want to see happen in your life in the next 6 months. What do your friendships look like? Work environment? School? Your attitude and demeanor? What do your family connections look like? Your extracurricular adventures?

# QUOTES:

**"Whatever it takes**

**'Cause I love the adrenaline in my veins**

**I do whatever it takes**

**'Cause I love how it feels when I break the chains**

**Whatever it takes**

**Yeah, take me to the top I'm ready for**

**Whatever it takes**

**'Cause I love the adrenaline in my veins**

**I do what it takes**

**Always had a fear of being typical**

**Looking at my body feeling miserable**

**Always hanging on to the visual**

**I wanna be invisible**

**Looking at my years like a martyrdom**

**Everybody needs to be a part of 'em**

**Never be enough, I'm the prodigal son**

**I was born to run, I was born for this..." -Imagine Dragons "Whatever It Takes"**

**"THE MIND IS EVERYTHING. WHAT YOU THINK YOU BECOME." -BUDDHA**

**"Stop dreaming about your bucket list and start living it." Annette White**

**"YOU ARE NEVER TOO OLD TO SET ANOTHER GOAL OR TO DREAM A NEW DREAM" C.S. LEWIS**

**"If you never dream, you will never know the endless possibilities of what you can become." -Annette White**

YOU ONLY GET **ONE LIFE.**

DO WHAT MAKES YOU HAPPY,

AND SPEND TIME WITH THOSE WHO MAKE YOU SMILE.

IF YOU'RE NOT HAPPY, DO SOMETHING ABOUT IT.

IF YOUR FRIENDS DON'T HAVE TIME FOR YOU, FIND NEW ONES.

IF YOU WANT SOMETHING GO AND GET IT, WHAT'S STOPPING YOU?

**LIFE IS SHORT,** DON'T WONDER WHAT IF,  
/ YOU DON'T KNOW IF YOU DON'T TRY.

ALWAYS FOLLOW YOUR HEART. **HAVE NO REGRETS.**

SOME OPPORTUNITIES ONLY COME ONCE, SEIZE THEM.

**DON'T DWELL ON YOUR PAST MISTAKES.**

ACCEPT THE THINGS IN LIFE YOU CAN'T CHANGE.

TRY NOT TO CARE WHAT OTHER PEOPLE THINK OF YOU.

DON'T COMPARE THE GAINS OR FORTUNES OF OTHERS WITH YOURS.

**ALWAYS GIVE 100%** IN EVERYTHING YOU DO.

HAVE DREAMS AND ASPIRATIONS. **LOVE AND**

**STOP OVER ANALYZING. BE LOVED.**

SURROUND YOURSELF WITH THE ONES YOU

LOVE AND THE THINGS YOU ENJOY DOING.

SMILE AT OTHERS AND LAUGH AS OFTEN AS YOU CAN.

FORGIVE QUICKLY, EMBRACE CHANGE, TRAVEL OFTEN.

DON'T BE AFRAID TO FAIL. **TRY NEW THINGS.**

**TAKE RISKS.** FACE YOUR FEARS.

DECIDE WHAT YOU WANT IN LIFE AND **GO FOR IT.**

DON'T WAIT FOR THINGS TO HAPPEN, MAKE THEM HAPPEN.

**LIFE IS ONE BIG ADVENTURE,** YOU ONLY

GET ONE, SO MAKE IT AS GOOD AND HAPPY AS POSSIBLE.